

CRYSTAL

CRYSTAL APPOINTS NEW HEAD NUTRITIONIST, DALILA ROGLIERI

New Role Will Allow for More Exceptional Wellness Experiences at Sea

MIAMI – July 20, 2023 - Crystal announced today the appointment of **Dalila Roglieri** as Head Nutritionist, a new role strengthening the brand's culinary prowess and ability to provide an individualized approach to wellbeing. With an extensive professional background in nutrition and a passion for fitness, adding Roglieri underscores Crystal's dedication to providing guests with a holistic and exceptional wellness experience.

Roglieri's expertise and culturally minded approach to gastronomy are an enticing complement to Crystal's reimagined programming, launching this summer. In her new role with Crystal, Roglieri will collaborate with the award-winning culinary teams onboard *Crystal Symphony* and *Crystal Serenity* to develop balanced menus that cater to a variety of dietary preferences and requirements.

Roglieri brings multiple degrees spanning focuses in nutritional sciences and culinary arts. While she began her education and career specializing in the biology of nutrition, Roglieri has continued feeding a natural fascination with the impact of food and drink on the body and mind for more than 14 years. Her curiosity led her to deeply study food tasting and gastronomic tourism. She has pursued a Master in Sport Nutrition at SANIS, Oncology Nutrition at the University of Pavia, Phytotherapy and the use of plants in clinical nutrition at the University of Tuscia – Viterbo, and Wine and Marketing of Wine at the University of Sacro Cuore – Piacenza. In addition to her role with Crystal, Roglieri has her own practice, DaRò Wellness, located in Bari, Italy, where she specializes in dietetics, sports nutrition, and culinary nutrition. Her global palette and bespoke approach to healthful living make her well-equipped to bring both flavor and function to Crystal's onboard food and beverage programs.

"As Crystal enters this next chapter of excellence, Dalila's wealth of knowledge and enthusiasm for wellness will help to shape a new era of exceptional experiences," said A&K Travel Group CEO Cristina Levis. "As our Head Nutritionist across the full A&K portfolio, she will play a significant role in ensuring that our offerings align with discerning travelers' evolving tastes and needs."

"Crystal has provided me with the opportunity to once again share my passion for culinary nutrition with guests and chefs from around the globe," said Roglieri. "I look forward to setting sail on this new adventure, where I hope to make an impact for all onboard."

Roglieri will be onboard *Crystal Symphony* on the October 9, 2023, voyage from Athens to Dubai and the March 12, 2024 sailing from Singapore to Mumbai and will offer Crystal guests an opportunity to learn all about her exceptional approach to wellness, nutrition, and gastronomy.

To book an exceptional voyage and experience the new Crystal first-hand, contact your travel advisor, visit [crystalcruises.com](https://www.crystalcruises.com), or call 1-800-446-6620.

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About Crystal

For more than three decades Crystal has been synonymous with exceptional, award-winning voyages. In 2022 A&K Travel Group acquired the Crystal brand and its two vessels, *Crystal Serenity* and *Crystal Symphony*, ushering in a new era of Exceptional at Sea. The globally renowned cruise line offers discerning travelers' industry-leading, authentic, and enriching experiences both onshore and at sea. Crystal's pioneering partnership with Abercrombie & Kent provides guests with unparalleled access to the most sought-after experiences, destinations, and the latest cultural makers around the world. The reimagined ships will boast larger, updated suites with artisanal finishes, new cutting-edge wellness offerings, spectacular entertainment, and complimentary world-class dining - including the return of UMI UMA - the only dining experience by Michelin-Star Chef Master Chef Nobuyuki (Nobu) at sea. With a legacy of unrivaled service and commitment to sophistication and elegance at every touchpoint, once on-board passengers feel as if they are perfectly at home.

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For media inquiries, please contact:

Robyn Fink | RFink@crystalcruises.com

Mikaela Caldera | MCaldera@crystalcruises.com